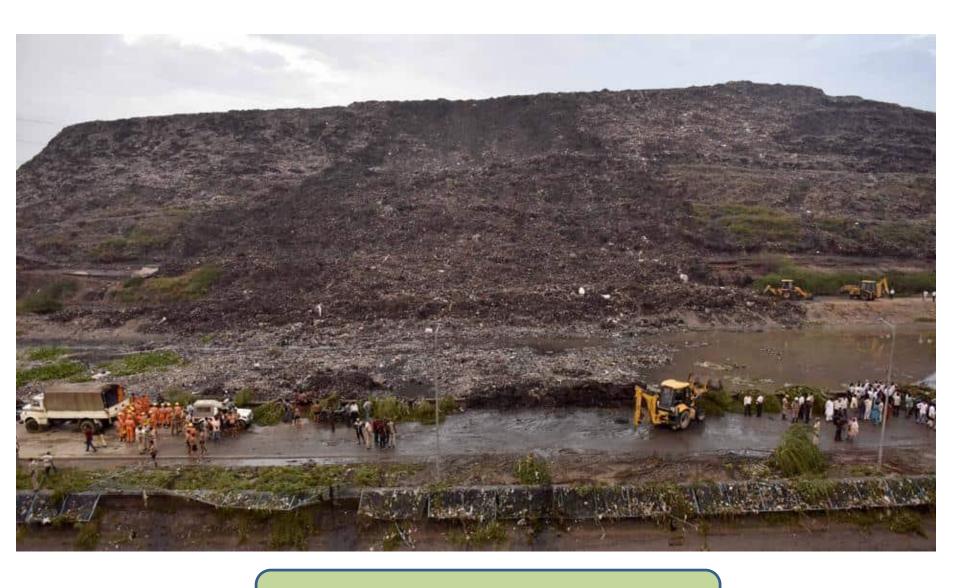


Prepared by members of Prof. Alo Nag's Lab on behalf of students



Ghazipur landfill site



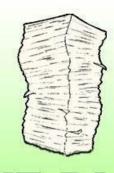
Kerala

DID YOU KNOW?



MAKE

1 TON OF PAPER



SAVE PAPER SAVE TREES



for our health and wellbeing we need more trees...

The benefits of trees have been well researched. Trees...

- Improve the air we breathe
- Cool our environment
- Create enjoyable spaces for health and recreation.
- Shade us from the sun's damaging rays
- Reduce stress
- Create safer walking environments
- Make urban streets safer
- Provide a connection to nature and th human senses



Paper is one of the main areas where college students can save the environment and their pockets! The less you need to restock your paper supplies, the better. Here are a few simple tips to get started:

- **Use both sides of paper when writing notes.**
- Avoid taking handfuls of paper napkins from the cafeteria.
- **Be** selective while printing; double check the document you're printing.
- **Use refillable binders instead of notebooks.**
- •Go digital!!



1. UNPLUG!

Take a few minutes to unplug electronic devices that you aren't going to use.

2. USE LESS WATER!

Opt for a quick shower in the morning and turn off the water when shaving or brushing.

3. SWITCH TO COMPACT FLUORESCENT BULBS!

Don't even try to front; this one's easy.

4. CHOOSE PRODUCTS WITH LESS PACKAGING!

All the bells and whistles may look cute to you, but the environment doesn't think so.

5. BUY ORGANIC LOCALLY GROWN FOODS!

Conserve fuel, reduce pollution, and support local economy.

6. DRIVE LESS!

Ride your bike to school or work.

7. PLANT A TREE!

Get immediate visual stimulation, and some serious self-satisfaction.

8. RECYCLE MORE!

Bottles, Cans, iPods, Cell Phones, Ink Catridges, and Car Batteries.

9. SWITCH TO GREEN POWER!

Rest easy knowing you just sent that email from your wind- or methane-powered computer.

10. EAT LESS MEAT!

Raising animals for food generates more greenhouse gases than all the cars and trucks in the world combined.

SPREAD THE WORD!

Designed by Carnegie Mellon CAllison Gallant School of Design

You are not just burning off calories...



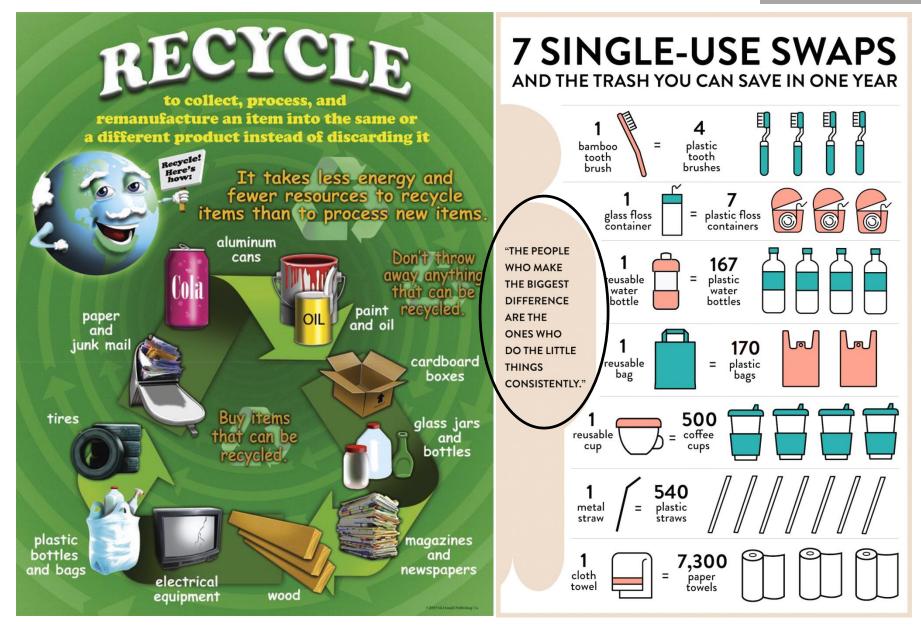
You'll save one pound of CO₂ for every mile you don't drive.















GOOD WASHROOM PRACTICES®



Don't be mean, Keep your surroundings clean!



- Don't litter
- Throw your garbage in dustbins
- Pour out stagnant water, especially to avoid mosquito breeding
- Repair leaky pipes or faucets
- Maintain proper drainage







Proper supervision

Don't perform lab experiments without instructor supervision (unless given permission to do so).





a clean workspace

floors, or exits. Keep coats, bags, and other personal items stored in designated areas away from the lab. Don't block sink drains with debris.



Lab Safety Rules

Science labs offer great opportunities for learning, teaching, and research. They also pose hazards that require proper safety precautions.



ID hazards

Identify hazardous materials before beginning labs.





Handle glassware carefully

Properly dispose of anything that breaks. Report cuts, spills, and broken glass to your instructor immediately.



No food

Don't eat or drink in the lab and never taste chemicals.



After completing the lab, carefully clean your workspace and the equipment, and wash your hands.

Sources: Carolina Biological Supply Company. "Lab Safety Dos and Don'ts for Students." http://www.carolina.com/teacher-resources/Interactive/lab-safety-instructions/tr11076.tr.









PLEASE CONSERVE





models.





INSULATION & VENTILATION





Get a programmable thermostat that will automatically turn your AC and heater on or off to save on energy.







If you have central AC, close the air vents in unused rooms to avoid cooling or heating unused spaces.

